



International Workshop on Virtual Clinic Systems for Mental Healthcare

9 – 11 December 2025

Agenda

Venue: Room 135/6031, Sir James Matthews Building
Southampton University
157-187 Above Bar Street
Southampton, UK.

Registration link: <https://forms.gle/E4vN78Xa9Q2YcW3K6>

Visit the workshop web page: [here](#)

Day 1: Tuesday, December 9th, 2025

Time	Activity	Lead
08:00 – 08:15	Registration – <i>Liza Hamersma (UM)</i>	Lisa Ballard (US)
08:15 – 08:30	Welcome & meeting check-in	Bessie Malila (UCT)
Presentations by WUN project partner PIs		
08:30-09:00	User-Centred Design Approach for Health Innovation – <i>Nailah Conrad (UCT)</i>	Majahonke Shabangu (UCT), Juliet Nagawa (UCT)
08.30-09:00	Assessing readiness for telemental health in Malawi: early insights from stakeholder workshops and mental health facility observations - <i>Sandra Jumbe (MUM)</i>	
09.30-10.00	Perspectives and opportunities on virtual clinics for mental health services in South Africa - <i>Bessie Malila (UCT)</i>	
10.00-10.30	Engage First, Implement Better: ICT for rural communities in Puerto Rico - <i>Jose Perez-Ramos (UR)</i>	
10.30-10.45	TEA/COFFEE	
11.15-11.45	Perspectives and opportunities on virtual clinics for mental health services in Hong Kong - <i>Winnie S Mak (CUHK)</i>	Sandra Jumbe (MUM)
11.45-12.15	Perspectives and opportunities on virtual clinics for mental health services in India and Australia - <i>David Lim</i>	
12.15-12.45	Perspectives and opportunities on virtual clinics for mental health services in the Netherlands – <i>Sophie Leijdesdorff/Liza Hamersma (UM)</i>	
13.15-14.15	LUNCH	
14.15-15.00	Summary of year one activities and dissemination plans – <i>Lisa Ballard (US), Rodrigo Ramalho (UA)</i>	Bessie Malila (UCT)

Day 2: Wednesday, December 10th, 2025

Time	Activity	Lead
08.00-08.15	Registration - <i>Liza Hamarsma (UM)</i>	Jose Perez-Ramos (UR),
08.15-09.15	Presentation and synthesis of overall research findings from all project sites, outline of manuscript publication -Plans for the manuscript -Executive summary for WUN <i>(Lisa Ballard (US) and Rodrigo Ramalho (AU))</i>	Nailah Conrad (UCT)
09.15 – 10.15	Telemental health solution framework development - <i>all</i>	Lisa Ballard (US) , David Lim (UTS)
10.15-11.00	TEA/COFFEE	
11.00-12.30	Telemental health solution framework development - <i>all</i>	Jose Perez-Ramos (UR)
12.30-1.30	LUNCH	
1.30-2.30	Next steps - Identify potential funding streams and funding ideas for phase 2 of the project - <i>all</i>	David Lim (UTS)
2.30-2.45	TEA/COFFEE	
2.45-3.15	Finalise and agree on future plans, assign actions and dates - <i>all</i>	Bessie Malila (UCT)
END		

Day 3: Thursday, December 11th, 2025

Time	Activity	Lead
08.00-08.15	Registration – Liza Hamersma	Jose Perez-Ramos (UR)
08.15-08.30	Welcome and Project overview	Bessie Malila (UCT)
Guest presentations		Jose Perez-Ramos (UR)
08.30-09.00	Topic to be determined	
09.00-09.30	Reimagining Trauma Support: Survivor-Led Virtual Reality Therapy for Immediate Emotional Care - <i>Amanda Haigh</i>	
09.30-10.00	Telehealth in primary care: provision in the UK, challenges and benefits - <i>Helen Atherton</i>	
10.00-10.15	TEA/COFFEE	
10.15-12.15	Visit to mental health facility OR Regroup and plan for phase 2 implementation and solution Development	Lisa Ballard (US)
12.15 -12.	LUNCH / CLOSE	

MUM – Millennium University in Malawi, UCT - University of Cape Town, US – University of Southampton, UM – University of Maastricht, CUHK – Chinese University in Hong Kong, UTS – University of Technology Sydney, UR – University of Rochester, UA – University of Auckland