

# International Workshop on Virtual Clinic Systems for Mental Healthcare



**Date:** 9 -11 December 2025

**In person location:** Room 135/6031, Sir James  
Matthews Building, Southampton University, UK

**Time:** 8am to 3pm (GMT)

For full program, visit the workshop web page: [here](#)

## Workshop Theme: Innovating remote mental health support across global communities

Join experts who have conducted scoping work across six countries (Australia, Hong Kong, India, Malawi, Puerto Rico, South Africa and The Netherlands) as we explore how virtual clinic systems can expand access to mental health services, especially in low-resource settings with particular focus on remote, rural and/or underserved communities. This workshop brings together two years of research to shape future innovations in tele-mental health, AI-assisted care, and immersive technologies.

Topics we will cover include:

Mental health challenges across diverse global contexts

Opportunities and barriers in telemedicine and virtual clinics

A new framework for digital mental health service delivery

Future directions: AI, VR/AR, and scalable clinic models

**Register to attend the event:** <https://forms.gle/tvSL2AAQBQaTnk5E8>

**Contact us:** [wunworkshop2025@gmail.com](mailto:wunworkshop2025@gmail.com)